

प्रश्न-पत्र बोर्ड द्वारा निर्धारित पुस्तकों से ही सैट किया जाएगा। कृपया अध्यापकगण बोर्ड द्वारा निर्धारित पुस्तकें ही पढ़ाएँ।

## DESIGN QUESTION PAPER

**Subject** : Health & Physical Education  
**Paper** : Annual or Supplementary  
**Class** : 10th Year : 2018-19  
**Time** : 3 Hrs.  
**Marks** : 60

### 1. Weightage to Objectives:

Objective	K	U	A	Total
Percentage of marks	40	35	25	100
Marks	24	21	15	60

### 2. Weightage to Form of Questions:

Forms of Questions	E	SA	VSA	O	Total
No. of Questions	03	07	06	12	28
Marks Allotted	15	21	12	12	60
Estimated Time	70	70	25	15	180

### 3. Weightage to Content:

	<u>Units/Sub-Units</u>	<u>Marks</u>
1.	Environmental Health	07
2.	Food and Nutrition	07
3.	National and International sports	09
4.	Patriotism, National Integration, National Anthem	07
5.	National Flag, Communicable diseases	08
6.	Preliminary knowledge of body system	08
7.	Importance of competition in games and sports	07
8.	Women and Sports participation	07
	<b>Total</b>	<b>60</b>

4. Scheme of Sections : -X X X X-
5. Scheme of Options : Internal Choice in long answer question i.e. essay type.
6. Difficulty level : Difficult : 10 % marks  
Average : 50 % marks  
Easy : 40 % marks

Abbreviations: K (Knowledge), U (Understanding), A (Application), S (Skill), E (Essay Type), SA (Short Answer Type), VSA (Very Short Answer Type), O (Objective Type)