

प्रश्न-पत्र बोर्ड द्वारा निर्धारित पुस्तकों से ही सैट किया जाएगा। कृपया अध्यापकगण बोर्ड द्वारा निर्धारित पुस्तकें ही पढ़ाएँ।

DESIGN **QUESTION PAPER**

Subject	:	Physical Education	
Paper	:	Annual or Supplementary	
Class	:	12th	Year 2018-19
Time	:	3Hrs.	
Marks	:	60	

1. Weightage to Objectives:

Objective	K	U	A	S	Total
Percentage of marks	40	33	27		100
Marks	24	20	16		60

2. Weightage to Form of Questions:

Forms of Questions	E	SA	VSA	O	Total
No. of Questions	03	07	06	12	28
Marks Allotted	15	21	12	12	60
Estimated Time	70	70	25	15	180

3. Weightage to Content:

	<u>Units/Sub-Units</u>	<u>Marks</u>
1. Physical Fitness & Wellness		09
2. Training Method		07
3. Health Education		06
4. Athletic care		06
5. Sociological Aspects of Physical Education		08
6. Family life Education		08
7. Yoga Education		05
8. Olympic Movements		05
9. National Sports Award		06
	Total	60

4. Scheme of Sections : X X X X
5. Scheme of Options : Internal Choice in long answer question i.e. essay type in two questions.
6. Difficulty level : Difficult : 10 % marks
Average : 50 % marks
Easy : 40 % marks

Abbreviations: K (Knowledge), U (Understanding), A (Application), S (Skill), E (Essay Type), SA (Short Answer Type), VSA (Very Short Answer Type), O (Objective Type)