

Class: 9th
Sub: Home Science
Syllabus

मास	Unit Name	विषय वस्तु	शिक्षण के पीरियड	दोहराई के पीरियड	प्रयोगात्मक कार्य
अप्रैल					
मई	Unit-1	Concept and Scope of Home Science - Definition of Home Science. - What is the Concept of Home Science - What is the Scope of Home Science in our life. - How it is related to our daily routine.	8	3	
जून					
जुलाई	Unit-2	Family a Unit of Society. - Types and Sizes of family - What are the reasons for change in family types. - Effect of size of family on its members. - Role of all family members in its smooth functioning.	8	3	4
अगस्त	Unit-3 Unit-4	Food and its relation of health - Definition of food, health, nutrition, nutrients, balances diet. - Different functions of food. - Interrelationship between food and health. Method of cooking - use of cooking food. - Different methods of cooking	8	3	3
सितम्बर	Unit-4	Method of cooking - Description of each method and its effect on the taste, flavor, colour and nutritive value of food.	6	2	4
अक्तुबर	Unit-5	Functions of home. - Definition of functional house	6	3	4

		<ul style="list-style-type: none"> - Social & Protective Characteristics of house i.e. Security, light, ventilation and sanitation, surrounding etc. - Description of disposal of waste water, garbage and human excreta. 			
नवम्बर	Unit-6	<p>Safety in the house.</p> <ul style="list-style-type: none"> - Prevention of accidents in the kitchen and bathroom. - Safe use of fuel - First aid given to cuts, bruises burns, poisoning Shocks and bites etc. 	8	3	4
दिसम्बर	Unit-7	<p>Fabrics available in the market.</p> <ul style="list-style-type: none"> - Definition of fabric and yarn. - Classification of fabric on the basis of origin and length. - Different types of fabric weaving. - Felting and knitting. - Characteristics of fibers- length, durability, absorbency, heat conductivity, resilience, elasticity. - Effect of heat, moth and mildew, acids and alkali on clothes 	8	2	4
जनवरी	Unit-8	<p>Selection of Clothes</p> <ul style="list-style-type: none"> - Factors affecting selection of clothes. - Characteristics of fiber, fabric construction. - Person related factors i.e. age, occupation, fashion, occasion, figure, comfort etc. - Other factors affecting selection of clothes related to climate and cost. 	6	3	2
फरवरी		Revision of syllabus			
मार्च		Exam			