



## QUESTION PAPER DESIGN (Session 2022-23)

Subject	Physical Education and Sports
Class	IX
Time	2Hrs. 30Minutes
Marks	60

### 1. Weightage to Objectives:

Objective	K	U	A+S	Total
Percentage of Marks	40%	30%	30%	100%
Marks	24	18	18	60

### 2. Weightage to form of Questions:

Forms of Question	E	SA	VSA/O	O	Total
No. of Questions	2	10	7	21	40
Marks per Question	6	2	1	1	-----
Marks Allotted	12	20	7	21	60
Estimated Time	40 Min	50 Min	18 Min	42 Min	150 Min

### 3. Weightage to Content:

Sr No	Unit Name	Marks
1	Role of Physical Education in Child Development	12
2	Planning age appropriate Physical Activity	13
3	Organising age appropriate Physical Activity	13
4	Children Health and Safety	12
5	Employability Skills	10
Total		60

4 Scheme of Sections: XXX

5 Scheme of Sections: Option of Internal Choice in essay type questions

6 Difficulty level: Difficult: 10% marks

Average: 50% Marks

Easy: 40% Marks

Abbreviations: K(Knowledge), U(Understanding), A(Application), S(Skill),

E(Essay type),SA( Short Answer Type),VSA(Very Short Answer Type ),O(Objective Type)



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Subject	Physical Education and Sports
Class	X
Time	2Hrs. 30Minutes
Marks	60

### 1. Weightage to Objectives:

Objective	K	U	A	S	Total
Percentage of Marks	40%	30%	20%	10%	100%
Marks	24	18	12	6	60

### 2. Weightage to form of Questions:

Forms of Question	E	SA	VSA/O	O	Total
No. of Questions	2	13	7	15	37
Marks per Question	6	2	1	1	-----
Marks Allotted	12	26	7	15	60
Estimated Time	40 Min	50 Min	18 Min	42 Min	150 Min

### 3. Weightage to Content:

Sr No	Unit Name	Marks
1	Role and Responsibilities of Early Years Physical Activity Facilitator	13
2	Assessment and Evaluation of Students	12
3	Free play	12
4	Monitoring and Inventory Management	13
5	Employability Skills	10
Total		60

- 4 Scheme of Sections: XXX  
5 Scheme of Sections: Option of Internal Choice in essay type questions  
6 Difficulty level: Difficult: 10% marks  
Average: 50% Marks  
Easy: 40% Marks

Abbreviations: K(Knowledge), U(Understanding), A(Application), S(Skill),  
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## QUESTION PAPER DESIGN (Session 2022-23)

Subject	Physical Education and Sports
Class	XI
Time	2Hrs. 30Minutes
Marks	60

### 1. Weightage to Objectives:

Objective	K	U	A	S	Total
Percentage of Marks	40%	30%	20%	10%	100%
Marks	24	18	12	6	60

### 2. Weightage to form of Questions:

Forms of Question	E	SA	VSA/O	O	Total
No. of Questions	2	13	7	15	37
Marks per Question	6	2	1	1	-----
Marks Allotted	12	26	7	15	60
Estimated Time	40 Min	50 Min	18 Min	42 Min	150 Min

### 3. Weightage to Content:

Sr No	Unit Name	Marks
1	Role of Physical Education in Child Development	13
2	Prop and Equipment	12
3	Hygiene And Safety	12
4	Sports and Fitness	13
5	Employability Skills	10
Total		60

- 4 Scheme of Sections: XXX  
5 Scheme of Sections: Option of Internal Choice in essay type questions  
6 Difficulty level: Difficult: **10%** marks  
Average: **50%** Marks  
Easy: **40%** Marks

Abbreviations: K(Knowledge), U(Understanding), A(Application), S(Skill),  
E(Essay type),SA( Short Answer Type),VSA(Very Short Answer Type ),O(Objective Type)



## QUESTION PAPER DESIGN (Session 2022-23)

Subject	Physical Education and Sports
Class	XII
Time	2Hrs. 30Minutes
Marks	60

### 1 Weightage to Objectives:

Objective	K	U	A	S	Total
Percentage of Marks	40%	30%	20%	10%	100%
Marks	24	18	12	6	60

### 2 Weightage to form of Questions:

Forms of Question	E	SA	VSA/O	O	Total
No. of Questions	2	9	15	15	41
Marks per Question	6	2	1	1	-----
Marks Allotted	12	18	15	15	60
Estimated Time	40 Min	36 Min	44 Min	30 Min	150 Min

### 3 Weightage to Content:

Sr No	Unit Name	Marks
1	ASSESSMENT OF STUDENTS	16
2	EMERGENCY MANAGEMENT	16
3	HEALTH AND HYGIENE IN PLAY AREA	18
4	Employability Skills	10
	Total	60

4 Scheme of Sections: XXX

5 Scheme of Sections: Option of Internal Choice in essay type questions

6 Difficulty level: Difficult: 10% marks

Average: 50% Marks

Easy: 40% Marks

Abbreviations: K(Knowledge), U(Understanding), A(Application), S(Skill),

E(Essay type),SA( Short Answer Type),VSA(Very Short Answer Type ),O(Objective Type)