



BOARD OF SCHOOL EDUCATION HARYANA

Syllabus and Chapter wise division of Marks (2023-24)

Class- 10th Subject: Beauty & Wellness Code: BWL 969

General Instructions:

1. There will be an Annual Examination based on the entire syllabus.
2. The Annual Examination will be of 60/2=30 marks, Practical Examination will be of 50 marks and 20 marks weightage shall be for Internal Assessment.
3. For Practical Examination:
 - i) Practical File of 25 marks.
 - ii) One activity of 10 marks.
 - iii) Viva-voce of 15 marks.
4. For Internal Assessment:

There will be Periodic Assessment that would include:

- i) For 6 marks- Three SAT exams will be conducted and will have a weightage of 06 marks towards the final Internal Assessment.
- ii) For 2 marks- One half yearly exam will be conducted and will have a weightage of 02 marks towards the final Internal Assessment.
- iii) For 2 marks- Subject teacher will assess and give maximum 02 marks for CRP (Class room participation).
- iv) For 5 marks- A project work to be done by students and will have a weightage of 05 marks towards the final Internal Assessment.
- v) For 5 marks- Attendance of student will be awarded 05 marks as:

75% to 80%	- 01 Marks
Above 80% to 85%	- 02 Marks
Above 85% to 90%	- 03 Marks
Above 90% to 95%	- 04 Marks
Above 95% -	- 05 Marks



Course Structure (2023-24)

Class-10th

Subject: Beauty & Wellness

Code: BWL 969

Unit.No.	Vocational Skill Unit Name	Unit Marks
1.	Basic Skin Care Services	15
2.	Basic Depilation Services	13
3.	Makeup Services	12
4.	Creating Positive Impression At Work Place	10
Unit.No.	Employability Skill Units	Unit Marks
1.	Communication Skills	2
2.	Self-Management Skills	2
3.	Information and Communication Technology Skills	2
4.	Entrepreneurship Skills	2
5.	Green Skills	2
Total		60/2=30
Practical Examination		50
Internal Assessment		20
Grand Total		100

Unit 1: Basic Skin Care Services

Session 1: Anatomy and Physiology of the Skin

Session 2: Skin Care

Session 3: Actions of the Facial, Neck and Shoulder Muscles

Unit 2: Basic Depilation Services

Session 1: Waxing Procedure

Session 2: Threading Procedure

Session 3: Bleaching Procedure

Unit 3: Make-up Services

Session 1: Treatment Planning for Makeup

Session 2: Preparation for Makeup

Session 3: Makeup Application

Unit 4: Creating Positive Impression At Work Place

Session 1: How to Create Positive Impression At Work Place

Session 2: Preparing and Maintaining the Work Area



Employability Skill

Unit 1: Communication Skills

Session 1: Methods of Communication

Session 2: Verbal Communication

Session 3: Non-Verbal Communication

Session 4: Communication Cycle & Importance of Feedback

Session 5: Barriers to Effective Communication

Session 6: Writing Skills: Parts of Speech

Session 7: Writing Skills: Sentences

Unit 2: Self-Management Skills

Session 1: Stress Management

Session 2: Self Awareness – Strength and Weakness Analysis

Session 3: Self-Motivation

Session 4: Self- Regulation- Goal Setting

Session 5: Self- Regulation- Time Management

Unit 3: Information and Communication Technology Skills

Session 1: Basic Computer Operations

Session 2: Performing Basic File Operations

Session 3: Computer Care and Maintenance

Session 4: Computer Security and Privacy

Unit 4: Entrepreneurship Skills

Session 1: Entrepreneurship and Society

Session 2: Qualities and Functions of an Entrepreneur

Session 3: Myths an Entrepreneurship

Session 4: Entrepreneurship As a Career Option

Unit 5: Green Skills

Session 1: Sustainable Development

Session 2: Our Role in Sustainable Development



Monthwise NSQF Syllabus Teaching Plan (2023-24)

Class- 10th

Subject: Beauty & Wellness

Code: BWL 969

Month	Subject- Content	Teaching Periods	Revision Periods	Practical Work
April	Vocational Skill: - Class Admission and Class Readiness Programme Activities. Employability Skill: - Motivation and Introduction to NSQF Subjects.	13		
May	Vocational Skill. Unit 1: Basic Skin Care Services Session 1: Anatomy and Physiology of the Skin Employability Skill. Unit 1: Communication Skills Session 1: Methods of Communication Session 2: Verbal Communication Session 3: Non-Verbal Communication	13	6	4
June	During Summer Vacation Home Work/ Project			
July	Vocational Skill. Unit 1: Basic Skin Care Services Session 2: Skin Care Employability Skill. Unit 1: Communication Skill. Session 4: Communication Cycle & Importance of Feedback Session 5: Barriers to Effective Communication Session 6: Writing Skills: Parts of Speech Session 7: Writing Skills: Sentences	12	6	5
August	Vocational Skill. Unit 1: Basic Skin Care Services Session 3: Actions of the Facial, Neck and Shoulder Muscles Unit 2: Basic Depilation Services Session 1: Waxing Procedure Employability Skill. Unit 2: Self-Management Skills Session 1: Stress Management Session 2: Self Awareness – Strength and Weakness Analysis Session 3: Self-Motivation	11	6	5



September Half Yearly Exam	Vocational Skill. Unit 2: Basic Depilation Services Session 2: Threading Procedure Session 3: Bleaching Procedure Employability Skill. Unit 2: Self-Management Skills Session 4: Self- Regulation- Goal Setting Session 5: Self- Regulation- Time Management	11	7	5
October	Vocational Skill. Unit 3: Makeup Services Session 1: Treatment Planning for Makeup Employability Skill. Unit 3: Information and Communication Technology Skills Session 1: Basic Computer Operations Session 2: Performing Basic File Operations Session 3: Computer Care and Maintenance	10	6	4
November	Vocational Skill. Unit 3: Makeup Services Session 2: Preparation for Makeup Session 3: Makeup Application Employability Skill. Unit 3: Information and Communication Technology Skills Session 4: Computer Security and Privacy Unit 4: Entrepreneurship Skills Session 1: Entrepreneurship and Society	12	6	4
December	Vocational Skill. Unit 4: Creating Positive Impression At Work Place Session 1: How to Create Positive Impression At Work Place Employability Skill. Unit 4: Entrepreneurship Skills Session 2: Qualities and Functions of an Entrepreneur Session 3: Myths an Entrepreneurship Session 4: Entrepreneurship As a Career Option	13	6	5
January	Vocational Skill. Unit 4: Creating Positive Impression At Work Place Session 2: Preparing and Maintaining the Work Area Employability Skill. Unit 5: Green Skills Session 1: Sustainable Development Session 2: Our Role in Sustainable Development	10	5	4
February	Vocational Skill. Revision of Complete Syllabus. Employability Skill. Revision of Complete Syllabus	8	8	5
March	Annual Examination			

Note:

- Subject Teachers are advised to direct the students to prepare notebook of the Terminology/Definitional Words used in the chapters for enhancement of vocabulary or clarity of the concept.
- The NCERT textbook present information in boxes the book. These help students to get conceptual clarity. However, the information in these boxes would not be assessed in the year-end examination.



NSQF Question Paper Design (2023-24)

Class- 10th

Subject: Beauty & Wellness

Code: BWL 969

Time 2 Hours 30 Minutes

Competencies	Total
Knowledge	40%
Understanding	30%
Application	20%
Skill	10%
Total	100%

Type of Question	Marks	Number	Description	Total Marks
Objective Type Question	1	15	6 Multiple Choice Questions, 3 Fill in the Blanks Questions, 3 one word Answer Type Questions, 3 Assertion- Reason Questions	15
Very Short Answer Type Question	2	6	Internal choice will be given in any 2 Questions	12
Short Answer Type Question	3	6	Internal choice will be given in any 2 Questions	18
Essay Type Question	5	3	Internal option will be given in Essay Type question.	15
Total		30		60