

प्रश्न-पत्र बोर्ड द्वारा निर्धारित पुस्तकों से ही सैट किया जाएगा। कृपया अध्यापकगण बोर्ड द्वारा निर्धारित पुस्तकें ही पढ़ाएँ।

DESIGN **QUESTION PAPER**

Subject : **Health & Physical Education**
Paper : **Annual or Supplementary**
Class : **9th** **Year : 2018-19**
Time : **3Hrs.**
Marks : **60**

1. Weightage to Objectives:

Objective	K	U	A	Total
Percentage of marks	40	35	25	100
Marks	24	21	15	60

2. Weightage to Form of Questions:

Forms of Questions	E	SA	VSA	O	Total
No. of Questions	03	07	06	12	28
Marks Allotted	15	21	12	12	60
Estimated Time	70	70	25	15	180

3. Weightage to Content:

	<u>Units/Sub-Units</u>	<u>Marks</u>
1.	Meaning & Importance of Health Education	11
2.	Meaning & Importance of Personal Health	06
3.	Meaning, aims and objectives of Physical education	07
4.	Role of Physical Education in the development of Individual and Society	07
5.	Meaning, Definition and Values of Yoga	09
6.	Role of Various Competitive games and sports in Physical Education	04
7.	Effects of drinks, smoking and abuse of drugs	07
8.	Safety education and First aid	09
	Total	60

4. Scheme of Sections : -X X X X-
5. Scheme of Options : Internal Choice in long answer question i.e. essay type.
6. Difficulty level : Difficult : 10 % marks
Average : 50 % marks
Easy : 40 % marks

Abbreviations: K (Knowledge), U (Understanding), A (Application), S (Skill), E (Essay Type), SA(Short Answer Type), VSA (Very Short Answer Type), O (Objective Type)