Syllabus
Class 11th
Subject: Home Science

Month	Unit	Sub Unit	Teaching Period	Revision Period	Practical Work
April	Unit-1	Concept of growth and development - Definition of growth development - Difference between growth and development	8	3	
May	Unit-2	- Principles of growth and development Development from infancy to childhood - Physical and motor development - Motor development during 0-3 months, 3-6 months, 6-9 months, 9-12 months and 1-2 yrs. - Social & emotional development	9	3	4
June					
July	Unit-2 Unit-3	Development from infancy to childhood - Socialization of children - Cognitive development Development during adolescent - Physical, Social, emotional, sexual development	9	3	4
August	Unit-3	Development during adolescent - Interest in peer group and other sex - Period of storm and stress - Preparing for career - preparing for marriage and family - Special needs of adolescents - Some problems of adolescents.	9	3	
September	Unit-4	Core-needs of the family and its inter relationships - Definition and need of a family - Different needs of family member - Different stages in family life. - Relationship between all family members and its importance	6	2	
October	Unit-5	Family Resources - Meaning and types of resources - Need to manage the resources - Management, its meaning and need - Steps in management - Decision making, Its role in management	6	2	3
November	Unit-6	Management of time and energy - Need of time and energy management - Work simplification, its methods - Work ethics, its meaning and importance	6	3	3
December	Unit-7	Managing income - Sources of family income. - Supplementing of family income - Keeping household accounts.	4	2	3

		- Saving & investment			
January	Unit-8	Housing & household Equipments - Need and importance of housing - How to select a place for building house - Definition of household equipments - Types of equipments - Core & maintenance of equipments	8	3	2
February		Revision			
March		Exam			