



BOARD OF SCHOOL EDUCATION HARYANA

Syllabus and Chapter wise division of Marks (2024-25)

Class- 11th

Subject: Beauty & Wellness

Code: BWL 969

General Instructions:

1. There will be an Annual Examination based on the entire syllabus.
2. The Annual Examination will be of 60/2=30 marks, Practical Examination will be of 50 marks and 20 marks weightage shall be for Internal Assessment.
3. For Practical Examination:
 - i) Practical File of 25 marks.
 - ii) One activity of 10 marks.
 - iii) Viva-voce of 15 marks.
4. For Internal Assessment:

There will be Periodic Assessment that would include:

 - i) For 6 marks- Three SAT exams will be conducted and will have a weightage of 06 marks towards the final Internal Assessment.
 - ii) For 2 marks- One half yearly exam will be conducted and will have a weightage of 02 marks towards the final Internal Assessment.
 - iii) For 2 marks- Subject teacher will assess and give maximum 02 marks for CRP (Class room participation).
 - iv) For 5 marks- A project work to be done by students and will have a weightage of 05 marks towards the final Internal Assessment.
 - v) For 5 marks- Attendance of student will be awarded 05 marks as:

75% to 80% - 01 Marks

Above 80% to 85% - 02 Marks

Above 85% to 90% - 03 Marks

Above 90% to 95% - 04 Marks

Above 95% to - - 05 Marks



Course Structure (2024-25)

Class- 11th

Subject: Beauty & Wellness

Code: BWL 969

Unit. No.	Vocation Skill Unit Name	Unit Marks
1.	Beauty & Wellness Industry And Beauty Therapy	15
2.	Skin Care Services	15
3.	Manicure And Pedicure Services	12
4.	Depilation Services	8
Unit. No.	Employability Skill Units	Unit Marks
1.	Communication Skills	2
2.	Self-Management Skills	2
3.	Information and Communication Technology Skills	2
4.	Entrepreneurship Skills	2
5.	Green Skills	2
Total		60/2=30
Practical Examination		50
Internal Assessment		20
Grand Total		100

Unit 1: Beauty and Wellness Industry and Beauty Therapy

Session 1: Career Opportunities in the Beauty and Wellness Sector.

Session 2: Beauty Therapy Services.

Session 3: Preparing and maintaining the work area.

Session 4: Health and Safety in the Work Area.

Unit 2: Skin Care Services

Session 1: Anatomy And Physiology of the Skin

Session 2: Types of Skin And Skincare

Session 3: Action of the Facial, Neck and Shoulder Muscles.

Session 4: Bleaching

Unit 3: Manicure And Pedicure Services

Session 1: Anatomy of The Nail , Hand and Feet

Session 2: Manicure

Session 3: Pedicure

Unit 4: Depilation Services

Session 1: Waxing

Session 2: Threading



Employability Skill

Unit 1: Communication Skills

- Session 1: Introduction to Communication
- Session 2: Verbal Communication
- Session 3: Non-Verbal Communication
- Session 4: Writing Skills: Parts of Speech
- Session 5: Communication Styles – Assertiveness
- Session 6: Saying No- Refusal Skills
- Session 7: Writing Skills: Sentences
- Session 8: Pronunciation Basics
- Session 9: Greetings and Introduction
- Session 10: Talking about Self
- Session 11: Asking Questions
- Session 12: Talking About Family
- Session 13: Describing Habits and Routines
- Session 14: Asking For Directions

Unit 2: Self-Management Skills

- Session 1: Strength and Weakness Analysis
- Session 2: Grooming
- Session 3: Personal Hygiene
- Session 4: Team Work
- Session 5: Networking Skills
- Session 6 : Self-motivation
- Session 7 : Goal- Setting
- Session 8 : Time Management

Unit 3: Information and Communication Technology Skills

- Session 1: Introduction to ICT
- Session 2: Basic Interface of Libre Office Writer
- Session 3: Saving, Closing, Opening and Printing Document
- Session 4: Formatting Text in a Word Document
- Session 5: Checking Spelling and Grammar
- Session 6: Inserting Lists, Tables, Pictures and Shapes
- Session 7: Header, Footer and Page Number
- Session 8: Tracking Changes in Libre Office Writer

Unit 4: Entrepreneurship Skills

- Session 1: Introduction To Entrepreneurship.
- Session 2: Value of an Entrepreneurship
- Session 3: Attitude of an Entrepreneur
- Session 4: Thinking Like an Entrepreneurship
- Session 5: Coming Up a Business Idea
- Session 6: Understanding The Market
- Session 7: Business Planning

Unit 5: Green Skills

- Session 1: Sector of Green Economy
- Session 2: Policies for a Green Economy
- Session 3: Stakeholders in Green Economy
- Session 4: Government And Private Agencies



Month wise NSQF Syllabus Teaching Plan (2024-25)

Class- 11th

Subject: Beauty & Wellness

Code: BWL 969

Month	Subject- Content	Teaching Periods	Revision Periods	Practical Work
April	Vocational Skill : - Class Admission and Class Readiness Programme Activities. Employability Skill : - Motivation and Introduction to NSQF Subjects.	13		
May	Vocational Skill . Unit 1: Beauty and Wellness Industry and Beauty Therapy Session 1: Career Opportunities in the Beauty and Wellness Sector. Employability Skill. Unit 1: Communication Skill. Session 1 Introduction to Communication. Session 2 Verbal Communication. Session 3 Non-Verbal Communication. Session 4 Writing Skills: Parts of Speech.	13	6	4
June	During Summer Vacation Home Work/Project			
July	Vocational Skill . Unit 1: Beauty and Wellness Industry and Beauty Therapy Session 2 : Beauty Therapy Services Session 3 : Preparing and Maintaining the Work Area Session 4: : Health and Safety in the Work Area Employability Skill. Unit1: Communication Skill. Session 5: Communication Styles –Assertiveness Session 6: Saying No- Refusal Skills Session 7: Writing Skills: Sentences Session 8: Pronunciation Basics.	12	6	5
August	Vocational Skill . Unit 2: Skin Care Services Session 1: Anatomy And Physiology of the Skin Session 2: Types of Skin And Skincare Employability Skill. Unit1: Communication Skill. Session 9: Greetings and Introduction Session 10: Talking about Self Session 11: Asking Questions Session 12: Talking About Family Session 13: Describing Habits and Routines Session 14: Asking For Directions	11	6	5



<p>September</p> <p>Half Yearly Exam</p>	<p>Vocational Skill . Unit 2: Skin Care Services Session 3: Action of the Facial, Neck and Shoulder Muscles. Employability Skill. Unit 2: Self-Management Skill. Session 1: Strength and Weakness Analysis Session 2: Grooming Session 3: Personal Hygiene Session 4: Team Work</p>	11	7	5
<p>October</p>	<p>Vocational Skill . Unit 2: Skin Care Services Session 4: Bleaching Unit 3: Manicure And Pedicure Services Session 1: Anatomy of The Nail , Hand and Feet Employability Skill. Unit 2: Self-Management Skill. Session 5: Networking Skills Session 6 : Self-motivation Session 7 : Goal- Setting Session 8 : Time Management</p>	10	6	4
<p>November</p>	<p>Vocational Skill . Unit 3: Manicure And Pedicure Services Session 2: Manicure Session 3: Pedicure Employability Skill. Unit 3: Information and Communication Technology. Session 1: Introduction to ICT Session 2: Basic Interface of Libre Office Writer Session 3: Saving, Closing, Opening and Printing Document Session 4: Formatting Text in a Word Document Session 5: Checking Spelling and Grammar Session 6: Inserting Lists, Tables, Pictures and Shapes</p>	12	6	4
<p>December</p>	<p>Vocational Skill . Unit 4: Depilation Services Session 1: Waxing Employability Skill. Unit 3: Information and Communication Technology. Session 7: Header, Footer and Page Number Session 8: Tracking Changes in Libre Office Writer Unit 4: Entrepreneurship Skills Session 1: Introduction To Entrepreneurship. Session 2: Value of an Entrepreneurship Session 3: Attitude of an Entrepreneur Session 4: Thinking Like an Entrepreneurship.</p>	13	6	5



January	Vocational Skill.	10	5	4
	Unit 4: Depilation Services Session 2: Threading Employability Skill. Unit 4: Entrepreneurship Skills Session 5: Coming Up a Business Idea Session 6: Understanding The Market Session 7: Business Planning.			
February	Vocational Skill. Revision of Complete Syllabus. Employability Skill. Unit 5: Green Skill. Session 1: Sector of Green Economy Session 2: Policies for a Green Economy Session 3: Stakeholders in Green Economy Session 3: Government And Private Agencies	8	8	5
March	Annual Examination			

Note:

- **Subject Teachers are advised to direct the students to prepare notebook of the Terminology/Definitional Words used in the chapters for enhancement of vocabulary or clarity of the concept.**
- **The NCERT textbook present information in boxes the book. These help students to get conceptual clarity. However, the information in these boxes would not be assessed in the year-end examination.**



NSQF Question Paper Design (2024-25)

Class- 11th

Subject: Beauty & Wellness
Time 2 Hours 30 Minutes

Code: BWL 969

Competencies	Total
Knowledge	40%
Understanding	30%
Application	20%
Skill	10%
Total	100%

Type of Question	Marks	Number	Description	Total Marks
Objective Type Question	1	15	6 Multiple Choice Questions, 3 Fill in the Blanks Questions, 3 one word Answer Type Questions, 3 Assertion- Reason Questions	15
Very Short Answer Type Question	2	6	Internal choice will be given in any 2 Questions	12
Short Answer Type Question	3	6	Internal choice will be given in any 2 Questions	18
Essay Type Question	5	3	Internal option will be given in Essay Type question.	15
Total		30		60