



प्रश्न-पत्र बोर्ड द्वारा निर्धारित पुस्तकों से ही सैट किया जाएगा। कृपया अध्यापकगण बोर्ड द्वारा निर्धारित पुस्तकें ही पढ़ाएँ।

Question Paper Design

Subject : Physical Education

Class : 11<sup>th</sup>

Session : 2022-23

Paper : Annual or Supplementary

Time : 2½ Hrs.

Marks : 60

1 Weightage to Objectives:

Objective	K	U	A	S	Total
Percentage of Marks	40	33	27	00	100
Marks	24	20	16	00	60

2 Weightage to Form of Questions:

Form of Question	E	SA	VSA	Objective type	Total
No of Question	03	07	06	12	28
Marks allotted	15	21	12	12	60
Estimated time (in Min.)	60	60	18	12	150

3 Weightage to Content:

Reading Comprehension Marks			
UNITS	Marks	No of Questions	Total Marks
1. Meaning and Definition of Physical Education	09		09
2. Meaning and Definition of Health Education	09		09
3. Communicable Diseases	08		08
4. Occupational Health	06		06
5. Posture	06		06
6. Body System	08		08
7. Second wind	07		07
8. Psychology and Sports psychology	07		07
Total	60		60

4 Scheme of Sections : A:B:C:D

5 Scheme of Sections : Internal Choice in long answer Questions i.e. essay type in two Question.

6 Difficulty level :  
Difficult : 10% Marks  
Average : 50% Marks  
Easy : 40% Marks

Abbreviations: K (Knowledge of element of language) C (Comprehension) E (Expression)  
A (Appreciation) E(Essay Type) SA (Short Answer) VSA (Very Short Answer) O (Objective Type)