



BOARD OF SCHOOL EDUCATION HARYANA

Syllabus and Chapter wise division of Marks (2025-26)

Class- 9th

Subject: Healthcare(NSQF) Code: PCA 973

General Instructions:

1. There will be an Annual Examination based on the entire syllabus.
2. The Annual Examination will be of 60/2=30 marks, Practical Examination will be of 50 marks and 20 marks weightage shall be for Internal Assessment.
3. For Practical Examination:

- i) Practical File of 25 marks.
- ii) One activity of 10 marks.
- iii) Viva-voce of 15 marks.

4. For Internal Assessment:

There will be Periodic Assessment that would include:

- i) For 6 marks- Three SAT exams will be conducted and will have a weightage of 06 marks towards the final Internal Assessment.
- ii) For 2 marks- One half yearly exam will be conducted and will have a weightage of 02 marks towards the final Internal Assessment.
- iii) For 2 marks- Subject teacher will assess and give maximum 02 marks for CRP (Class room participation).
- iv) For 5 marks- A project work to be done by students and will have a weightage of 05 marks towards the final Internal Assessment.
- v) For 5 marks- Attendance of student will be awarded 05 marks as:

75% to 80%	- 01 Marks
Above 80% to 85%	- 02 Marks
Above 85% to 90%	- 03 Marks
Above 90% to 95%	- 04 Marks
Above 95% to -	- 05 Marks



Course Structure (2025-26)

Class- 9th

Subject: Healthcare(NSQF)

Code: PCA 973

Unit. No.	Vocational Skill Unit Name	Unit Marks
1	Unit - 1 - Human body structure and function	10
2	Unit - 2 - Healthcare delivery systems	10
3	Unit - 3 - Role of Home Health Aide	10
4	Unit - 4 - Personal Hygiene and First Aid	10
5	Unit - 5 - Primary Healthcare and emergency medical response	10
Unit. No.	Employability Skill Units	Unit Marks
1.	Communication Skills	2
2.	Self-Management Skills	2
3.	Information and Communication Technology Skills	2
4.	Entrepreneurship Skills	2
5.	Green Skills	2
Total		60/2=30
Practical Examination		50
Internal Assessment		20
Grand Total		100



Unit 1: Unit- 1 - Human Body structure and functions Session - 1 -

Identify the structure, bones, organs and parts of human body

Unit - 2 - Healthcare Delivery Systems -

Session - 1 - Describe the healthcare delivery systems

Session - 2 - Identify the components and activities of hospital

Session - 3 - Describe the role and functions of clinics

Session - 4 - Describe the functions of Rehabilitation centre

Session - 5- Demonstrate the knowledge of Hospice care

Unit - 3- Role of Home Health Aide -

Session - 1- Identify the role and functions of Home Health Aide

Session - 2 - Prepare a daily care plan of patient

Session - 3 - Identify basic components required for patient comfort
Session – 4 - Describe patients safety

Session - 5 - Identify the qualities of a Home Health Aide

Session - 6 - Collect the specimens of urine, stool, sputum,
blood etc. using different methods

Unit - 4 - Personal Hygiene and First aid

Session - 1 - Demonstrate good hygiene practice

Session - 2 - Identify factors affecting good health

Session - 3 - Perform Hand washing

Session - 4 - Describe the principles and rules of first aid

Session - 5 - Identify facilities , equipments and materials used for first aid

Session - 6 - Perform the role of first aider in cuts , bleeding, burns,
insect bites and stings , dog bites and snake bites

Unit - 5 - Primary Healthcare and emergency medical response

Session - 1 - Identify components of Primary Health care

Session - 2 - Demonstrate chain of survival



Employability Skill

Unit 1: Communication Skills

- Session 1: Introduction to Communication
- Session 2: Verbal Communication
- Session 3: Non-Verbal Communication
- Session 4: Writing Skills: Parts of Speech
- Session 5: Writing Skills: Sentences
- Session 6: Pronunciation Basics
- Session 7: Greetings and Introduction
- Session 8: Talking about Self
- Session 9: Asking Questions I
- Session 10: Asking Questions

Unit 2: Self-Management Skills

- Session 1: Introduction to Self-management
- Session 2: Strength and Weakness Analysis
- Session 3: Self-confidence
- Session 4: Positive Thinking
- Session 5: Personal Hygiene
- Session 6: Grooming

Unit 3: Information and Communication Technology Skills

- Session 1: Introduction to ICT
- Session 2: ICT Tools: Smartphone and Tablets — I
- Session 3: ICT Tools: Smartphone and Tablets — II
- Session 4: Parts of Computer and Peripherals
- Session 5: Basic Computer Operations
- Session 6: Performing Basic File Operations
- Session 7: Communication and Networking — Basics of Internet
- Session 8: Communication and Networking — Internet Browsing
- Session 9: Communication and Networking — Introduction to e-mail
- Session 10: Communication and Networking — Creating an e-mail Account
- Session 11: Communication and Networking — Writing an e-mail
- Session 12: Communication and Networking — Receiving and Replying to e-mails .

Unit 4: Entrepreneurship Skills

- Session 1: What is Entrepreneurship?
- Session 2: Role of Entrepreneurship
- Session 3: Qualities of a Successful Entrepreneur
- Session 4: Distinguishing Characteristics of Entrepreneurship and Wage Employment
- Session 5: Types of Business Activities
- Session 6: Product, Service and Hybrid Businesses
- Session 7: Entrepreneurship Development Process

Unit 5: Green Skills

- Session 1: Society and Environment
- Session 2: Conserving Natural Resources
- Session 3: Sustainable Development and Green Economy



Month wise NSQF Syllabus Teaching Plan (2025-26)

Class- 9th

Subject: Healthcare

Code: PCA 973

Month	Subject- Content	Teaching Periods	Revision Periods	Practical Work
April	Vocational Skill : - Class Admission and Class Readiness Program Activities. Introduction to Patient care, Healthcare, need of healthcare , Scope of Healthcare Industry Employability Skill: - Motivation and Introduction to NSQF Subjects.	1 3		
May	Vocational Skill. Unit- 1 - Human Body structure and functions - Session - 1 - Identify the structure, bones, organs and parts of human body Employability Skill. Unit01- Communication Skills Session01-Introduction to communication Session02-Verbal Communication Session03-Non-Verbal Communication Session04-Writing Skills Parts of speech Session05-Writing Skills-Sentences Session06-Pronunciation Basics Session07-Greeting and Introduction	1 3	6	4
June	Summer Vacations- Students need to complete their portfolio topics and prepare 1 chart and model on following topics or topics can also be given by their teachers- All Human Body systems and their functions(Heart, Respiratory system, Digestive system, Skeleton system, urinary system, Skin, Eye, Ear) Clinics, ADLS, Patient comfort devices, Qualities of HHA, CPR, First Aid room, Hand washing steps, Grooming routines, Collecting urine specimens, blood, sputum, Hospital and its functions and all procedures which will be taught in Incubation center - Vital signs, Active passive exercise, Mouth care, Eye care, Nebulization, Secretion, Steam inhalation, Bed making, Medical hand washing, Medical glove, First aid, C.P.R, Back care Hair care, Oxygen administration,			
July	Vocational Skill. Unit- 1 - Human Body structure and functions - Session - 1 - Identify the structure, bones, organs and parts of human body Unit - 2 - Healthcare Delivery Systems - Session - 1 - Describe the healthcare delivery systems Session - 2 - Identify the components and activities of hospital Session - 3 - Describe the role and functions of clinics Employability Skill. Unit-1- Communication Skills Session 08-Talking about Self Session 09-Asking Questions-I Session 10-Asking Questions II	1 2	6	5



August	Vocational Skill Unit - 2 - Healthcare Delivery Systems Session 04 - Describe the functions of Rehabilitation centre Session 05- Demonstrate the knowledge of Hospice care Unit - 3- Role of Home Health Aide Session 01- Identify the role and functions of Home Health Aide Session 02 - Prepare a daily care plan of patient Employability Skill Unit 2: Self-Management Skills Session 1: Introduction to Self- management Session 2: Strength and Weakness Analysis Session 3: Self-confidence Session 4: Positive Thinking	1 1	6	5
September	Vocational Skill Unit 3: Role of Home Health Aide Session - 3 - Identify basic components required for patient comfort Session - 4- Describe patients safety Session - 5 - Identify the qualities of a Home Health Aide Session - 6 - Collect the specimens of urine, stool, sputum, blood etc. using different methods Employability Skill. Unit 2: Self-Management Skill. Session 5 Personal Hygiene. Session 6 Grooming. Unit 3:Information and Communication Technology Skill. Session 1 Introduction of ICT. Session 2 ICT Tools: Smart phones and Tablets -I. Session 3 ICT Tools: Smart phones and Tablets -II. Half Yearly Exams	1 1	7	5
October	Vocational Skill. Unit - 4 - Personal Hygiene and First aid Session - 1 - Demonstrate good hygiene practice Session - 2 - Identify factors affecting good health Session - 3 - Perform Hand washing Session - 4 - Describe the principles and rules of first aid Employability Skill. Unit3: Information and Communication Technology Skill Session 4- Parts of Computer and Peripherals. Session 5 Basic Computer Operations. Session 6- Performing Basic File Operations. Session 7- Basic of Internet. Session 8- Internet Browsing.	1 0	6	4



November	Vocational Skill . Unit 4: Personal Hygiene and First aid Session - 5 - Identify facilities , equipments and materials used for first aid Session - 6 - Perform the role of first aider in cuts , bleeding, burns, insect bites and stings , dog bites and snake bites Employability Skill. Unit 3: Information and Communication Technology. Session 9 Introduction of E-Mail. Session 10 Creating and E-Mail Account. Session 11 Writing an E-Mail. Session 12 Receiving and Replying to E-Mail.	12	6	4
December	Vocational Skill . Unit - 5 - Primary Healthcare and emergency medical response Session-1- Identify components of Primary Health care Session - 2 - Demonstrate chain of survival Employability Skill. Unit 4:EntrepreneurshipSkill. Session 1 What is Entrepreneurship. Session 2 Role of Entrepreneurship. Session 3 Qualities of a Successful Entrepreneurship. Session 4 Distinguishing Characteristics of Entrepreneurship and Wage Employment.	13	6	5
January	Practical re-demonstrations, Overall Revision of theory and portfolios- Basic of Communications skills Employability Skill. Unit 5:Green Skill. Session 1 - Society and Environment.	10	5	4
February	Vocational Skill . Revision of Complete Syllabus. Employability Skill. Unit 5:Green Skill. Session 2- Conserving Natural Resources. Session 3- Sustainable Development and Green Economy.	8	8	5
March	Annual Examination			

Note:

- Subject Teachers are advised to direct the students to prepare notebook of the Terminology/Definitional Words used in the chapters for enhancement of vocabulary or clarity of the concept.

Prescribed Books : 1. Patient Care Assistant Skill Book-Text book for Class IX, NCERT Publication.
2. Employability Skill Book- Text book for Class IX, NCERT Publication



NSQF Question Paper Design (2025-26)

Class- 9th

Subject: Healthcare

Code: PCA 973

Competencies	Total
Knowledge	40%
Understanding	30%
Application	20%
Skill	10%
Total	100%

Type of Question	Marks	Number	Description	Total Marks
Objective Type Question	1	15	6 Multiple Choice Questions, 3 Fill in the Blanks Questions, 3 One Word Answer Type Questions 3 Assertion - Reason Questions	15
Very Short Answer Type Question	2	6	Internal choice will be given in any 2 questions	12
Short Answer Type Question	3	6	Internal choice will be given in any 2 questions	18
Essay Type Question	5	3	Internal option will be given in Essay Type question.	15
Total		30		60