



Prachi Pandey
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New Delhi, the 11th September, 2024

Respected Madam / Sir,

National Education Policy (NEP) 2020, (Para 4.26) recommends that all students will participate in a 10-day bagless period sometime during Grades 6-8 where they intern with local vocational experts such as carpenters, gardeners, potters, artists, etc. Bagless days will be encouraged throughout the year for various types of enrichment activities involving arts, quizzes, sports, and vocational crafts. Children will be given periodic exposure to activities outside school through visits to places/monuments of historical, cultural and tourist importance, meeting local artists and craftsmen and visits to higher educational institutions in their village/ Tehsil/ District/ States.

2. As per the recommendation of NEP 2020, NCERT has developed Guidelines for the implementation of 10 bagless days in schools. These guidelines aim to make learning at school an experiential, joyful and stress-free experience for students. I am enclosing a copy of the Guidelines herewith.

3. The concept of bagless days is designed to encourage students to engage in more hands-on and interactive learning activities. Without the burden of their bags, students can freely participate in various fun and educational activities such as art, music, sports, and vocational crafts like carpentry, gardening, pottery making and many more. These activities not only make learning more enjoyable but also help students develop practical skills and discover new interests and talents.

4. The Bagless Days initiative aligns with the broader goals of the National Education Policy 2020, regarding holistic and experiential learning. The policy encourages schools to move away from rote memorization and focus more on developing critical thinking, creativity, and problem-solving skills. By incorporating hands-on activities and real-world experiences into the curriculum, schools can provide a more well-rounded education that prepares students for the challenges of the future.

5. Under these guidelines, students may visit historical monuments, cultural sites, craft canners, places of tourist interest and many more. They can meet local

artists and craftsmen, which can broaden their understanding of different concepts and traditions, and help them appreciate the importance of preserving heritage. More importantly, it helps to inculcate a love for going to school every day. When students enjoy their school experience, they are more likely to be motivated to learn and to develop a lifelong love for education.

6. I would now request that the guidelines may be circulated to all Schools in your State for implementation. The guidelines are also available online at

<https://psscive.ac.in/storage/uploads/others/Guidelines/pdf/english/guidelines-for-implementation-of-10-bagless-days-in-school-english.pdf>

SCERTs of your State may like to translate the guidelines and appropriately incorporate the attached guidelines as a component of the school curriculum.

Please keep us apprised about the follow-up action taken in the matter.

Kind regards,

Yours sincerely,

Prachi Pandey
11.9/2015
(Prachi Pandey)

Encl.: As above.

Additional Chief Secretary/Principal Secretary/Secretary Education of all State/UT

Copy to,

1. Director NCERT
2. Director, SCERT of all States / UTs
3. Heads of State Education Boards

Copy for similar action to:

- 1) Chairman CBSE
- 2) Commissioner KVS, JNV